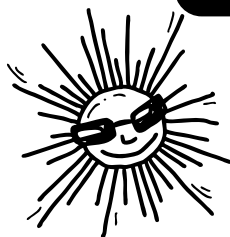


Scoop Up Summer

Serious Questions. Important Decisions.



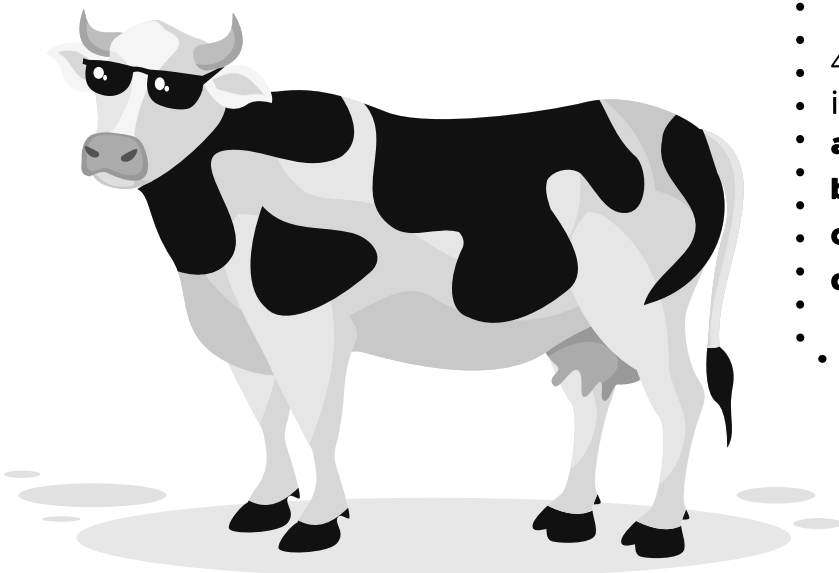
SUMMER FIT CHECK

**This cow is headed to the pool.
Draw swim trunks on the cow.**

But here's the debate:

Are the trunks on:

- ☐ The back legs only
- ☐ All four legs
- ☐ One-piece situation
- ☐ Other (explain your logic)



Defend your choice in one sentence.



Locally Made.
Naturally Delicious.™

MILK QUIZ

- 1. Roughly what percentage of American households buy ice cream each year?
a. 35% b. 55% c. 70% d. 80%+
- 2. Cows sometimes wear pedometers to track:
a. Steps
b. Health patterns
c. Activity levels
d. All of the above
- 3. July is officially National Ice Cream Month.
a. True b. False
- 4. Milk contains which two key nutrients important for athletes?
a. Protein & Calcium
b. Iron & Fiber
c. Vitamin C & Zinc
d. Caffeine & Potassium

WOULD YOU RATHER SUMMER EDITION

- ☐ Eat one 12-scoop cone in one sitting
OR
☐ No ice cream all summer
- ☐ Drink only chocolate milk for a week
OR
☐ No cold drinks for a week
- ☐ Drop your cone in public
OR
☐ Spill milk in the cafeteria